

summer2018



Enjoy a Hiking Adventure

Every summer is an adventure, and so is every hike. Even if you are hiking through your favorite park, it can still be a fun adventure. This summer, take your family on as many hikes as you can. Keep a log book of what you see. If you take any pictures, ask your parents to send them to me at buddybear@shcu.org.

Looking for a fun and yummy adventure? Bring your family to the St. Helens Community Credit Union **Member Appreciation BBQ.**

Where: Scappoose High School
Time: 11am - 2pm
Date: July 28, 2018 (Saturday)

See you on the trail and at the BBQ!

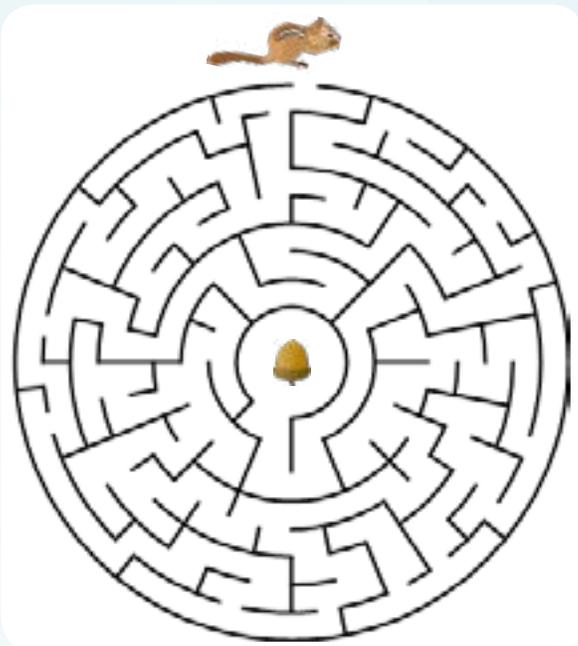
BUDDY BEAR

Buddy Bear



Chipmunk Maze

Help Mr. Chipmunk find his way to the acorn.



Parents' Corner

Sharing Some Credit Union History

Kids love to learn about history. If they ever ask, here's a crash course on the history of credit unions.

Credit unions originated in England. Back in the early part of the 1800s, families, villages, and others would come together to form financial cooperatives. That idea quickly spread to other parts of Europe.

Credit unions were founded in the United States in the early part of the 20th century. The first credit union in America was St. Mary's Cooperative Credit Association in New Hampshire in 1909.

President Roosevelt was one of the biggest advocates for credit unions in the U.S. He signed the Federal Credit Union Act, creating a national system to regulate federal credit unions. From there, the credit union movement grew.

Over time, credit unions have helped families and businesses everywhere get more for their money. As part of not-for-profit organizations, credit union members work together to help offer low- to no-cost financial products and services designed to help hard-working American families achieve their financial goals and dreams.

Hiking Adventure Close Up

Can you identify these hiking adventure items?





Buddy's World Records

America's Longest Hiking Trail

The American Discovery Trail covers 6,800 miles starting on one side of the U.S. and ending on the other. The trail runs from Delaware to California. Very few people have actually hiked the whole thing.

Buddy's Books

Your local library has thousands of books you can read this summer.

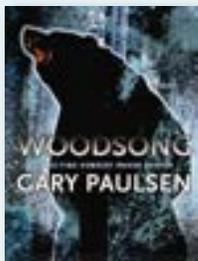


Ages 3-7

The Beetle Book

by Steve Jenkins

Going on a hike often means crossing paths with some fun and interesting bugs. This book teaches kids about some of the most interesting beetles and how to identify them.



Ages 12-18

Woodsong

by Gary Paulsen

Voted a School Library Journal Best Book, the author recounts amazing adventures that helped shape his life and inspired him to write.

Hiking Adventure Close Up

If you guessed binoculars, hiking boot, and compass, you got them all correct!



Fun Moldable Foam

Looking for something to pack and play with on your next hike? Moldable foam is the answer. This fun and rewarding craft require help from a parent.

Supplies:

- 2 teaspoons borax (parent supervision)
- ¼ cup white tacky glue (Elmer's)
- ½ cup hot-ish water
- ¼ cup warm water
- 3 cups Styrofoam balls
- Gel food coloring



Instructions:

1. In a bowl, mix 2 teaspoons borax (parent supervision) with ½ cup hot-ish water. Stir mixture and let borax settle.
2. In another bowl, mix ¼ cup glue and ¼ cup warm water. Add food coloring until you get the color you want.
3. Add borax mixture and glue mixture into a 1-gallon Ziploc bag.
4. Add 3-cups of Styrofoam foam balls to the Ziploc bag. Close bag.
5. Mash the bag to mix all of the ingredients together. The mixture will start to solidify after a minute or so.
6. Open the bag and allow your moldable foam to air dry for 60 minutes. If your foam is still wet, try adding more foam balls.
7. Enjoy your new hand-happy toy.

Hiking Hilarity

Do you have any fun jokes you would like to share with me? Send them to buddybear@shcu.org.

Q: If you're on a hike and find a fork in the road, what do you do?

A: Stop for lunch.

Q: If you're in the woods, how can you tell if a tree is a dogwood?

A: By its bark.

Q: Why do bananas use sunscreen when they're on a hike?

A: So they don't peel.